



Implementation Strategy to Address Significant Community Health Needs

Central Carolina Hospital

Lee County, North Carolina

Paper copies of this document may be obtained at Central Carolina Hospital, 1135 Carthage Street, Sanford, NC 27330 or by phone 919-774-2100. This document is also available electronically via the hospital website centralcarolinahosp.com

CENTRAL CAROLINA
HOSPITAL

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Overview

The Community Health Needs Assessment (CHNA) uses systematic, comprehensive data collection and analysis to define priorities for health improvement, creates a collaborative community environment to engage stakeholders, and an open and transparent process to listen and truly understand the health needs of Lee County, North Carolina, the community served by Central Carolina Hospital. This document is the Central Carolina Hospital (CCH) Implementation Plan outlining how the hospital plans on addressing significant health needs in the community.

The CHNA is contained in a separate document.

Central Carolina Hospital's Board of Directors approved and adopted the CHNA on November 16, 2022.

Starting on December 1, 2022, this report is made widely available to the community via Central Carolina Hospital's website, CentralCarolinaHosp.com, and paper copies are available free of charge at Central Carolina Hospital.



Community Health Improvement and Implementation Plan

To successfully make our community healthier, it is necessary to have a collaborative venture which brings together all the care providers, citizens, government, schools, churches, not-for-profit organizations and business and industry around an effective plan of action. The community health needs assessment was completed previously and posted on CCH's website.

Based on the results of the CHNA, CCH has selected three of the identified significant health needs to address.

1. Mental Health
2. Healthy Eating/Active Living
3. Substance Use Disorder and Social Determinants of Health.

CCH plans to meet the significant health need by:

Mental Health

1. On September 27th, 2022, it was announced that Central Carolina hospital will be completing an extensive renovation of the emergency department. The nearly \$11 million dollar project will include a complete remodel and reorganization of the ED. This renovation will provide safe and efficient procedural areas for patients that come to the ED seeking care while experiencing a mental health crisis.
2. Central Carolina Hospital will continue to work with local law enforcement to evaluate training procedures regarding crisis intervention, referral procedures, and incidents of response to crisis within the community. The hospital provides data regarding the incidents of emergency room visits for mental health crisis delivered by law enforcement. Provide health education and promotion of local mental health services to raise awareness and promote proper access of services within the community.
3. Central Carolina Hospital has licensed clinical social workers support to help assist with these efforts, and to ensure that patients presenting to Central Carolina Hospital are provided needed resources. Hospital participates in quarterly Crisis Committee to review complex cases and identify new community resources.
4. Central Carolina Hospital strives to provide daily social services coverage to assess and intervene when health related social needs are identified.

Health Eating/Active Living

1. Central Carolina Hospital's Dietician provides nutrition education to address all hospitalized patient's needs. They also provide nutrition classes, as well as one on one education of recently diagnosed Diabetes patients to help educate them on the management of their disease.
2. Central Carolina Hospital is accredited for Stroke, Heart Failure and Chest Pain through The Joint Commission and the American College of Cardiology. These programs support Lee County by providing the following services:
 - Central Carolina Hospital supports the Lee County Enrichment Center by providing educational material on Heart Failure and Chest Pain signs and symptoms. The Hospital also provides the Enrichment Center with educational sessions for their clients.

- Central Carolina Hospital patients receive educational materials when admitted for Heart Failure, Stroke and Chest Pain. The hospital also has a process in place to ensure that the patient has a follow-up appointment scheduled with a specific date and time.
 - Central Carolina Education Department provides community CPR classes.
3. Central Carolina Hospital continues to be a part of the Health Task Force with the Lee County Health Department, YMCA, Cooperative Extension, and other community partners.

Substance Use Disorder and Social Determinants of Health

1. Health care quality and health outcomes are often worse for racial/ethnic minorities, women, people living in rural communities, people with disabilities, those living in poverty, people with lower educational attainment and other historically marginalized groups. Central Carolina Hospital has initiated a Health Equity Committee to address ways to make sustainable improvements and to understand any root causes to barriers of care. The committee's vision is that all people, regardless of need, will always experience safe, high-quality healthcare.
2. Central Carolina Hospital will continue to support programs and give resources annually to organizations such as the Coalition for Families, Salvation Army and Helping Hands Clinic that provide services for the medically underserved, low-income and minority populations.
3. Central Carolina Hospital facilitates a Community Coalition quarterly where community agencies come together to discuss local resources and transition of care matters to ensure continuity of care. Many of these agencies are active partners in care for our patients in need of treatment for substance abuse and mental health crisis.
4. Central Carolina Hospital is a Tobacco Free Facility. We offer smoking cessation resources to all our patients. We provide resources to the community upon request, and through our attendance at community wellness fairs and employer sponsored screenings.

Community input was received into the 2022 implementation plan through a variety of methods. Three separate community focus groups were held on May 19th, June 23rd, and August 11th of 2022. A Community survey was conducted from March 16th through August 16th, 2022. On October 27th, 2022, a Health Summit was conducted with community stakeholders. Additionally, there is a link on the CCH's website for the community to provide written input into the CHNA and implementation plan.